

PATIENT PARTICIPATION MEETING

DATE / TIME OF MEETING: 21ST AUGUST 2019

ATTENDEES

Patient attendees: 6
Staff attendees: 1
Other attendees:

AGENDA

REPORT ON ACTIONS FROM THE LAST MEETING

You said: Creating a group for new mothers who are going through postnatal depression might benefit from attending the group.

We did: Catherine and Tahira are going to be creating a new group in October 2019 to look at inviting new mothers and current parents to come and join a group related to healthy cooking ideas which busy mums can benefit from. They have the chance to learn new recipes from the group and put them into practice at home for their children.

ITEM1

Before October's meeting, Tahira to contact patients (mothers) to see what time would suit for the new group.

Did we agree anything?

The group name was decided as, Healthy Recipe Group.

What was the opinion of the PPG?

They were happy that the idea was being put into action and were eager to contribute.

DISCOVER MYPLATE

Menu: grilled chicken seekh kebabs, dahibahale, chanachaat, steamed chicken breast wraps and fresh fruit.

The group has been running for almost a year and the last group session will take place on the 25th of September.

ANY ACTIONS ARISING?

We are going to look at the best ways to promote the new group for mothers and parents.

Tahira will continue to monitor patient feedback by creating short questionnaires