

PATIENT PARTICIPATION MEETING

DATE / TIME OF MEETING: 25TH SEPTEMBER 2019

ATTENDEES

Patient attendees: 10

Staff attendees: 1

Other attendees: n.a

AGENDA

ITEM 1

- During the meeting, we looked back at the last twelve months since discover my plate group has been running.
- Individual patients gave feedback about how they enjoyed the group, met new patients and made friends. It gave patients a chance to learn healthy recipes as well and speak with outside guests from other health organisations.
- Patients feedback that they benefited from their referral to the social prescriber Aleema. It helped them make improvements to their lives. They attended more groups around Bradford including one called: relax my mind run by Aleema.
- Also, we discussed that a new group will be launching in October to November. The times were going to be changed to meet the needs of more patients. Patients were interested in attending the new group and also left good comments about the discover my plate group.

DISCOVER MY PLATE

Menu: brown rice with chicken, chicken soup, chickpea, cucumber, onion salad, fresh fruit.

ANY ACTIONS ARISING?